

## CONFIRMATION INFORMATION

### AUGUSTANA DOES NOT PROVIDE BEDDING OR TOWELS:

#### EVERYONE - INCLUDING STAFF

Washcloths & Towels

Beach Towel for swimming - A MUST

Personal Toiletries

Light Blanket

Pillow

Light Jacket or Sweatshirt - Some of the buildings get cold

Swim suit (no cutoffs in pool) & cover-up

Something dressy for Friday night Celebration – DRESS CODE APPLIES

Backpack to carry lab stuff

BIBLE - You will bring your Bible with you to all lab sessions and celebrations

Small reading lamp (rooms are dark and it's hard to read)

Notebook, pen or pencil

Alarm Clock

Recreational equipment (tennis racquet, musical instruments, Frisbee, etc.)

Spending money (pizza, souvenirs, snacks)

Snacks

A FAN - to help circulate air. All areas are air-conditioned but do get stuffy

Umbrella/Rain jacket/Rain poncho or Rain Gear

Tennis shoes if you plan to play on any of the Courts in the Rec Center

WALKING SHOES (this means tennis shoes or footwear other than sandals, flip flops are not advisable)

**YOU ARE REQUIRED TO WEAR APPROPRIATE WALKING FOOTWEAR AT ALL TIMES**

**ALL:** Bring comfortable, casual clothing keeping in mind that this is a Christian community. No suggestive, provocative or revealing clothing will be allowed. Undergarments will be worn under clothing. Undergarments are not to show...Directors have the final say in what is appropriate, you may be asked to change or cover-up. If you think it is questionable, leave it home. Let the dress code poster be your guide.

**HOUSING AND MEALS:** This year we will be housed all over the campus. Erickson is not available to us this year. Housing will be challenging this year and everyone must be cooperative and flexible. All dorms are air conditioned, but they can be stuffy- so bring a fan. We will be eating at the College Center.

**EVERYONE:** One set of clothing and shoes that you do not mind getting stained, very dirty or ruined. Girls a dark T-shirt for these activities, you will get wet!!!!

**DRESS CODE: Dress must be gender appropriate, and fall within the dress code:** Leadership Lab has a dress code that will be enforced. No tank tops with spaghetti straps or tube tops for young ladies. Underwear is to be worn under clothing and is not to show. Shirts must fall at least 3 to 4 inches below the waistband of shorts or jeans. When you are standing up straight, the inseam of the shorts must be at least 1 inch below your fingertips. There is to be no skin showing between the top of your shorts/jeans and the bottom of your shirt. Your shirt shall not be longer than your shorts. There will be no t-shirts worn with offensive or suggestive language. Shirts and shoes will be worn during celebration and where appropriate during Lab activities. Leadership Lab Directors reserve the right to decide what is appropriate. If you have a question about something, leave it at home. Consult the dress code poster for what is appropriate.

**Community Guidelines are a must for every large gathering of people. It is important that you read the Community Guidelines, there is a copy enclosed with your registration material.**

**LEADERSHIP LAB HAS A ZERO TOLERANCE POLICY REGARDING DRUGS AND ALCOHOL.**

## **WHAT NOT TO BRING**

Fireworks                      Alcohol & Drugs                      Roller Blades, Roller Skates or Skateboards  
Cigarettes if you are under 18

## **FYI**

There is a snack bar in the College Center, however it does have limited summertime hours. It has sandwiches, snacks candy and soda. There is also gift shop, video games and computers.

## **SOME SUGGESTIONS OF WHAT TO BRING BY PAST LABBERS:**

Camera (pictures are part of the "forever" memories of Lab)

music

grubbie clothes.... you'll get wet and possibly even really dirty... girls.. preferably no white shirts

comfortable shoes to do lots of walking

sun glasses

sun screen

a watch... to tell time.. don't be late

Alarm clock is a must!!!

shower shoes... it is a college campus after all

hangers... there are closets to hang your clothes in... also a dresser and a desk

devotional book

Deodorant

Backpack

Bug Spray

Playing Cards

Stickers are a great idea (for name tags\care cards)

If you plan on taking stuff with you around campus use a back pack

More than one pair of shoes in case you get stuck in a down pour – Again **flip flops are not recommended**

Bring your Bible! Very important!

Bring a notebook to journal in - and try really hard to journal every day, its really neat to look back on it and see how God was working with you at Lab.

Bring appropriate clothes - don't pack halter or tube tops or short shorts. Don't feel like you need to dress to impress, believe me, you don't. 😊 Jeans and a T-shirt are fine.

Bring Tylenol and stuff like that. You'll probably get a headache at some point.

Band aids.... you never know if you'll need one for something

Cough drops/throat lozenges you may lose your voice.

**MAKE SURE THAT YOU READ AND LOOK AT YOUR ENTIRE CONFIRMATION PACKET. IF YOU HAVE QUESTIONS PLEASE CALL OR EMAIL EITHER DIRECTOR. IF YOU WANT TO MAKE SURE YOU HAVE RECEIVED ALL OF THE INFORMATION, GO TO [WWW.LEADERSHIPLAB.NET](http://WWW.LEADERSHIPLAB.NET) AND CHECK OUT THE INFORMATION ON THE WEB SITE.**

## **INQUIRIES TO DIRECTORS:**

Pr. Ben Bergren  
Trinity Lutheran Church  
3201 Meadow Dr.  
Rolling Meadows, IL 60008  
(847) 398-7122 - work

Cindy Svanda - Director  
P.O. Box 158  
Ava, IL 62907  
(618) 426-3377 - home  
(618) 687-7310 - work

Email: [LeadershipLab1@aol.com](mailto:LeadershipLab1@aol.com)

## CONFIRMATION STUFF TO KNOW

**REFUND POLICY:** Any cancellation must be made by June 30<sup>th</sup>. If you cancel by this date your church will receive a refund check in the amount of \$150. All other registration monies are NON-REFUNDABLE. Any cancellations after this date will lose the full registration. Substitutions may be made until June 30<sup>th</sup>.

**NOTE:** If for some reason you are not going to be able to make it to lab, please call (309) 794-7000 the Monday of registration. This is the Augustana College desk. Ask for either Pr. Ben Bergren or Cindy Svanda, Directors. If you are registered and you don't show up, we worry.

**Check In/Check Out:** REGISTRATION OPENS ON MONDAY MORNING, July 18 at 11:00 am in the Centennial Hall Lobby and closes at 1:00pm. The first session begins at 2:00 pm in Centennial Hall. If you aren't going to be able to check in during this time, you must request late arrival in writing and have it signed by your parent/guardian and pastor. This must be approved by one of the Directors. Once you get to lab you may not come and go from the event.

**You are expected to be at Lab by 1:00 pm on Monday and stay until check out at 1:00 pm on Saturday. If you can't make this commitment, please prayerfully consider your registration.** Closing worship on Saturday begins at 11:00 am and ends at 1:00 pm in Centennial Hall. If you need to leave before 1:00 pm on Saturday, this request also must be made in advance, in writing, signed by your parent/guardian and pastor. Again, this must be approved by one of the Lab Directors. Failure to do this may result in you not being allowed to return to lab the next year. Labbers may be picked up at the dormitory they were dropped off at.

**Room Assignments/Rooms/The Campus:** You will be roomed randomly with other labbers from your Lab level. You will probably not be roomed with someone you know. We do this so that you can "get to know" other labbers. We will not take roommate requests. Please keep in mind that we will be dealing with different housing, new meeting and dorm space, **SO PLEASE** be patient with us as we work out all of the logistics.

If you have special needs, it is important that you be in contact with one of the Directors so that proper arrangements can be made to accommodate those needs. It is very important that all participants must be self sufficient and able to see to their own needs and dispense their own medications. Augustana College has limited handicapped accessibility.

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MAKE SURE THAT YOU READ THE GATHERING GUIDELINES THAT ARE IN YOUR CONFIRMATION PACKET. QUESTIONS PLEASE CONTACT EITHER DIRECTOR:

### INQUIRIES TO:

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Trinity Lutheran Church  
3201 Meadow Dr.  
Rolling Meadows, IL 60008  
(847) 398-7122 - work  
(847) 385-1870 – cell

Cindy Svanda - Director  
P.O. Box 158  
Ava, IL 62907  
(618) 426-3377 - home  
(618) 687-7310 – work  
(618) 201-7310 - cell

**Email Address: LeadershipLab1@aol.com**

Leadership Lab is a ministry of the Central/Southern (CS), Northern (N) and Metro-Chicago (M) Illinois Synods